NO ONE under 14, including children 11-13 who have completed Youth Experience, may use the pool without a parent or guardian (adult member over the age of 18). Parent/guardian must be within sight at all times. NO ONE under 14, including children 11-13 who have completed Youth Experience, is permitted in the Hot Tub, Steam Room, or Sauna.

Please Note: Assigned lanes are reserved for class participants only during scheduled activities. Pool is CLOSED during all Aqua Fitness or Fluid Motion classes. Pool is CLOSED during Skids.

Adult Swim
Swim Lessons
Fee based group swimming lessons, by registration only
Skids
Open Swim
Adua Fitness
Pool reserved for Sportsclub Kids
Adua Fitness
Pool reserved for instructor led group fitness class

Pool Temperature: A therapeutic 86° F
Pool Length: 15 Meters (52 round-trips=1 mile)

