



# SPORTSCLUB AQUATICS

## GREENVILLE POOL SCHEDULE EFFECTIVE 1/1/24

NO ONE under 14, including children 11-13 who have completed Youth Experience, may use the pool without a parent or guardian (adult member over the age of 18). Parent/guardian must be within sight at all times. NO ONE under 14, including children 11-13 who have completed Youth Experience, is permitted in the Hot Tub, Steam Room, or Sauna.

Adult Swim	Pool reserved for our adult members
Swim Lessons	Fee based group swimming lessons, by registration only
Skids	Pool reserved for Sportsclub Kids
Open Swim	All independent or privately coached activities
Aqua Fitness	Pool reserved for instructor led group fitness class

**Please Note: Assigned lanes are reserved for class participants only during scheduled activities. Pool is CLOSED during all Aqua Fitness or Fluid Motion classes. Pool is CLOSED during Skids.**

Pool Temperature: A therapeutic 86° F  
 Pool Length: 15 Meters (52 round-trips=1 mile)

		5am	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm
<b>SUN</b>	Lane 1	Pool Opens 7:30			Adult Swim			Open Swim						Pool Closes 5:30				
	Lane 2	Pool Opens 7:30			Adult Swim			Open Swim						Pool Closes 5:30				
	Lane 3	Pool Opens 7:30			Adult Swim			Open Swim						Pool Closes 5:30				
	Lane 4	Pool Opens 7:30			Adult Swim			Open Swim						Pool Closes 5:30				
<b>MON</b>	Lane 1	Pool Opens 5:00	Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Pool Closed 1st & 3rd Monday 1:00-2:00			Swim Lessons 4:15-7:15			Pool Closes 8:30				
	Lane 2		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Pool Closed 1st & 3rd Monday 1:00-2:00			Swim Lessons 4:15-7:15			Pool Closes 8:30				
	Lane 3		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Pool Closed 1st & 3rd Monday 1:00-2:00			Swim Lessons 4:15-7:15			Pool Closes 8:30				
	Lane 4		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Pool Closed 1st & 3rd Monday 1:00-2:00			Swim Lessons 4:15-7:15			Pool Closes 8:30				
<b>TUE</b>	Lane 1	Pool Opens 5:00	Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-11:30	Open Swim			Aqua Fitness 5:30-6:30 (pool closed)			Open Swim			Pool Closes 8:30	
	Lane 2		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-11:30	Open Swim			Aqua Fitness 5:30-6:30 (pool closed)			Open Swim			Pool Closes 8:30	
	Lane 3		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-11:30	Open Swim			Aqua Fitness 5:30-6:30 (pool closed)			Open Swim			Pool Closes 8:30	
	Lane 4		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-11:30	Open Swim			Aqua Fitness 5:30-6:30 (pool closed)			Open Swim			Pool Closes 8:30	
<b>WED</b>	Lane 1	Pool Opens 5:00	Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Open Swim			Swim Lessons 4:30-7:30 (pool closed)			Pool Closes 8:30				
	Lane 2		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Open Swim			Swim Lessons 4:30-7:30 (pool closed)			Pool Closes 8:30				
	Lane 3		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Open Swim			Swim Lessons 4:30-7:30 (pool closed)			Pool Closes 8:30				
	Lane 4		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Open Swim			Swim Lessons 4:30-7:30 (pool closed)			Pool Closes 8:30				
<b>THU</b>	Lane 1	Pool Opens 5:00	Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-11:30	Open Swim			Aqua Fitness 5:30-6:30 (pool closed)			Open Swim			Pool Closes 8:30	
	Lane 2		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-11:30	Open Swim			Aqua Fitness 5:30-6:30 (pool closed)			Open Swim			Pool Closes 8:30	
	Lane 3		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-11:30	Open Swim			Aqua Fitness 5:30-6:30 (pool closed)			Open Swim			Pool Closes 8:30	
	Lane 4		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-11:30	Open Swim			Aqua Fitness 5:30-6:30 (pool closed)			Open Swim			Pool Closes 8:30	
<b>FRI</b>	Lane 1	Pool Opens 5:00	Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Open Swim			Skids 3:45-4:30 (pool closed)	Open Swim			Pool Closes 7:30			
	Lane 2		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Open Swim			Skids 3:45-4:30 (pool closed)	Open Swim			Pool Closes 7:30			
	Lane 3		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Open Swim			Skids 3:45-4:30 (pool closed)	Open Swim			Pool Closes 7:30			
	Lane 4		Adult Swim			Aqua Fitness 9:00-10:00 (pool closed)	Fluid Motion 10:15-11:15 (pool closed)	Open Swim			Skids 3:45-4:30 (pool closed)	Open Swim			Pool Closes 7:30			
<b>SAT</b>	Lane 1	Pool Open 7:30			Adult Swim		Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-1:15			Open Swim			Pool Closes 6:30				
	Lane 2	Pool Open 7:30			Adult Swim		Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-1:15			Open Swim			Pool Closes 6:30				
	Lane 3	Pool Open 7:30			Adult Swim		Aqua Fitness 9:00-10:00 (pool closed)	Swim Lessons 10:15-1:15			Open Swim			Pool Closes 6:30				
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